

Cranio-Sacral Therapy / Sensory Integration Level 1 & 2

Cranio-Sacral Courses by Dr. Nagi Iskander MD.

- Accredited by the American Academy for Continued Medical Education (AACME).

Cranio-Sacral Therapy is a “Manual Medicine” practiced in North America for the last 35 years. Recently, courses are presented in Europe and Scandinavia for Physiotherapists, Chiropractors, Massage Therapists and Medical Rehabilitation Staff.

It is a specific modality with the goal to reach and manipulate the *Dura Matter Membrane* in the cranium to the sacrum (Cranio-Sacral System). It is a gentle, subtle, non-invasive technique. No equipment is required. Trained hands are the tools. Children with sensory integration disorder treated with the Rhythmic Movement Training , proved to have positive effects.

Techniques:

Mobilization of body fascia, release of the Dura Mater Membrane, loosens tightness around the cranial & spinal nerve roots exits results in balance of the intra-cranial pressure, help spastic muscles and neurological functions are achieved.

Indications:

The modality has wide range of indications. Pediatric staff help babies after birth injuries and decompress cranial tightness to restore vitality and correct cranial deformities, Midwives and Antenatal staff help “mothers to be” with rigid pelvic floor to have easy labor time.

At school age , C-S T helps children with learning disability and behavioral changes. Orthodontic and Maxillo-facial surgeons find specific rehabilitation to their patients.

Treating adult patients, Cranio-Sacral Therapy will effectively help in head injuries, headaches, migraines, post-traumatic stress syndrome (physical & emotional trauma), endogenous depression, TMJ syndrome, fibromyalgia and chronic pain disability. References and clinical demonstration at the courses.

Dr. Nagi Iskander MD.

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The level 1 course will be held from **July 18th, 19th and 20th, 2008** and the second level from **July 25th, 26th and 27th, 2008..**

The fees for each course is \$390.00 / student. For those participants who attended the *first course* and would like to do a repeat; a 50% discount for repeating the first course is offered. Those interested in taking both the level 1 and level 2, the cost is only \$700.00.

A non refundable deposit of \$70.00 is required upon registration for the course. Cheques can be made out to Nagi Iskander and sent to the address below.

Courses are around 18 - 20 hours duration. Friday July the 18th and 25th, class will start at 6pm and run until 9pm (participants do not loose a working day!) Each Saturday and Sunday class will begin at 9am and finish at 5pm

Students can also refer private patients (Children and adults) for treatment **during the days between the courses**, and can sit in on the treatments as education time. Fees for private consults are \$70.00 / session).

Dr. Iskander's courses are different in the sense that clinical cases can be brought up during the courses so education material will be "applied". Usually 3 - 4 patients can be seen during each course if consent is obtained.

Recommended clinical cases :

- Migraine after head or sacrum injury or Maxillofacial surgery.
- Sleep & swallowing disorders.
- Children with CP and Learning disabilities.
- TMJ disorders after whiplash injury
- Rehabilitation after Dental / Orthodontic treatments.

This is a great opportunity for those therapists who are starting out in their health profession to incorporate a new modality to their treatments while collecting CEU's.

Contact Darrell at **(709)728-7069**, or **ddyermt@yahoo.ca**. with questions and to register.

*******Registration deadline is May 31, 2008 *******

Send deposits and contact information to:

Dr. Nagi Iskander

c/o Darrell Dye, RMT

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