

# NLMTA Annual General Meeting Minutes

Date: Nov 20<sup>th</sup> 2022, Board present at Capital Hotel, St. John's NL. Attendees via ZOOM

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Call To Order: 10:04 am

In Attendance:

Pat Mennie, Treasurer- present	Lisa Day, Research- present
Ashley Parsons, President- present	
Caitlyn Hill, Vice Pres/Secretary- present	Deidre Baker, Director- present
Sarah Lynn Lawlor, CMTA Rep- present	
Denise Hapgood, CMTA Rep/Cont. Ed- withdrawn	

Absent &/or Guest:

Next Meeting:

Approval of Minutes: Date: Nov 2021 Approved by: Denise McDonald, Seconded by: Hannah Watkins

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## ONGOING BUSINESS:

Pat's Update:

- 467 active paid members as of today. 124 members last year, 74 were from BC.
- Renewal forms- some were out of date, and next year we will only accept 2023 forms, all incorrect passwords will be voided. Please be precise about your own registration year.
- Massage Therapy Canada magazine has closed production effective immediately.

\*Action points:

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## SUBCOMMITTEE REPORTS:

RESEARCH, Lisa:

- Continued a partnership with Dr Kim Cullen at MUN this year. School of Kinetics and cross-focused with Public Health at MUN Med.
- Large research grant application undertaken- collection of research papers, demographic info on client base, categorization of injury levels determined. Thank you very much to the research committee volunteers!
- Letter of Intent was reviewed and revisions will be resubmitted by end of 2022.
- Phase 2 of project is a full research proposal, which is submitted to Board of Research- could be a 4 to 8 month review process. Grant approval could be within the year.
- Bibliography can be posted on the website for members.

\*Action Points

WEBSITE/MEMBER COMMUNICATION, Ashley:

- Great online participation today- thanks! 75+ members joined
- Great advancement of research opportunity by Lisa

- Great review course by Deidre will be forthcoming in 2023
- New admin functions are being streamlined- text system testing is underway. Sign up at info@nlmta.ca
- Stronger social presence needed- FB moderation and mailchimp newsletter design are valuable skills.
- Utilizing the website and updating your contact info to enrich the “find a therapist” database.

\*Action Points

## POLICIES:

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## PUBLIC RELATIONS:

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\*Action Points

## CONTINUING EDUCATION, Denise:

\*Action Points

## OTHER COMMITTEE REPORTS

### CMTA, SarahLynn and Denise:

- Tour of the CMTA website.
- Several big strides taken: New admin role, new dedicated provincial reps.
- GST committee received letters of support from Prov associations and sent to Minister of Finance for pre-budget consideration.
- National practise standards and policies are a goal- in coalition with the accreditation counsel.
- NWT are dissolving their association, but are completing legislation first, so they will be the 6<sup>th</sup> province to have licensing within the year. Sask and Manitoba are also close and may have updates by next year.
- Results from the Sexual harrassment/assault study. These findings reinforce the importance of public education on the clinical nature of our work, and distancing ourselves from parlours and unlicensed touch work.
- St. John's hosted the AGM this year, which was well received.

Tour of the Massage Therapy Foundation website- Articles, Research, grant info, infographics, conference/events calendars

### CMTCA-

Sara Sexton has finished her term as Rep in April 2023. Her report was read by Ashley: 20 preliminary, 15 full accreditations in the regulated provinces. They attended the CLHIA conference in October.

## NEW BUSINESS

### Insurance policy for membership

- basic life, dental, health (including paramedical), vision, life options
- brokers calculated similar rates -single persons @\$140 approximately and family plans @\$270 and \$320 approximately. Premiums could be directly charged to members but there may need to be NLMTA rep for the admin organization.

Election of new Executive

- Angela Lily- no nays, welcome!
- Hannah Watkins- no nays, welcome!
- Lisa Pollard- no nays, welcome!
- Amy Smallwood- interested, not self elected.

Acknowledgements of service for 25, 20, 15 years

Prize Draw- 10 prizes of \$100 each. Congratulations

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Items to Table:

Additional Action Points: ?

Adjournment at: 11:20am. 1 Category A CEU awarded for today.: